



# Pantry List Staples Checklist from ImperfectlyHappy.com

Pantry Item	Current Supply	Need to Buy
Flour		
Rice		
Corn Meal		
Oatmeal		
Fresh Potatoes		
Canned Potatoes		
Sweet Potatoes		
Onions		
Stew Tomatoes		
Diced Tomatoes		
Whole Tomatoes		
Crushed Tomatoes		
Canned Vegetables		
Dehydrated Vegetables		
Raisins		
Prunes		
Applesauce		
Canned Fruits		
Dehydrated Fruits		
Canned Tuna		
Canned Chicken		
Canned Beef		
Dried Beans		
Yeast		
Baking Powder		
Baking Soda		
Sugars		
Cocoa Powder		
Oils (olive, coconut)		
Honey		
Real Maple Syrup		
Stocks, Broths, Bullions		
Corn Starch		
Shortening		
Assorted Vinegars		
Evaporated & Condensed Milk		



# Pantry List Staples Checklist from ImperfectlyHappy.com

Pantry Item	Current Supply	Need to Buy
Pepper, Salt, Spices		
Soups		
Stews		
Chilis		
Spaghetti Sauce		
Mayonnaise		
Mustard		
Ketchup		
Salsa		
Hot Sauce		
Canned Peppers		
Olives		
Pickles		
Bread		
Crackers		
Tortillas		
Pasta		
Nut Butters		
Jams & Jellies		
Real Popcorn		